

## Physical Exercise Opportunities

**Parkinson's Exercise Class**  
June 7, 14 & 28 | 12:30 PM—2 PM  
GLH/Premier Health YMCA—  
South | Minster

**Walk for Life**  
June 11 | 10 AM  
Wapak Track | Wapakoneta  
*Registration starts at 9:15 AM*

## Support Groups

**Diabetes Support Group**  
June 13 | 7 PM—9 PM  
June 14 | 10 AM—12 PM  
Grand Lake MOB | St. Marys

**Alzheimer's Support Group**  
June 16 | 1 PM  
Otterbein | St. Marys

**Parkinson's Support Group**  
June 21 | 12:30 PM—1:30 PM  
GLH/Premier Health YMCA—  
South | Minster

## Farmers Markets

**Quellhorst Farmers Market**  
June 3, 10, 17 & 24 |  
8:30 AM—1 PM  
Corner of St Rt 197 & Moulton-  
Ft Amanda Road

**Wapakoneta Farmers Market**  
June 4, 11, 18 & 25 |  
8:30 AM—12:30 PM  
Willipie Street | Wapakoneta

**St. Marys Farmers Market**  
June 4, 11, 18 & 25 | 9 AM—12 PM  
1700 Celina Road | St. Marys

## Wellness Opportunities and Screenings

**Blood Pressure Screening**  
June 1, 8, 15, 22 & 29 |  
9:30 AM—10:30 AM  
Auglaize County Council on  
Aging | St. Marys

June 3 | 9:30 AM—10:30 AM  
Auglaize County Council on Aging |  
Wapak (Eagles Basement)

June 6 | 9:00 AM—11:00 AM  
Auglaize-Mercer Family YMCA—  
North | Celina

June 13 | 9:00 AM—11:00 AM  
Auglaize-Mercer Family YMCA—  
South | Minster

June 22 | 1 PM—2 PM  
New Bremen Senior Citizen Center |  
New Bremen

## Education

**Safety Education**  
June 8 | 10 AM  
ACCA | St. Marys

**Childbirth Education (Lamaze)**  
June 11 | 8 AM—3 PM  
Grand Lake MOB | St. Marys  
*Call the Birthing Center to sign up:  
419-394-3335 Ext. 2419*

**Safety Camp**  
June 13 | 8 AM—5 PM  
June 14 | 8 AM—12 PM  
Auglaize County Fairgrounds

**Breastfeeding Class**  
June 21 | 6 PM—8 PM  
Grand Lake MOB | St. Marys  
*Call the Birthing Center to sign up:  
419-394-3335 ext. 2419*

**Babysitting 101**  
June 21 & 28 | 1 PM—4 PM  
Grand Lake MOB | St. Marys  
*Call 419-394-6132 to sign up*

**Car Seat Class**  
June 28 | 1:15 PM  
Auglaize County  
Health Department | Wapakoneta  
*Call 419-738-3410 to determine  
eligibility and to sign up*

## Community Events

**Pediatric Rehab Sensory Gym  
Open House**  
June 13 | 4 PM—7 PM  
Grand Lake Pediatric Rehab |  
St. Marys