

Physical Exercise Opportunities

Parkinson's Exercise Group
July 5, 12 & 26 |
12:30 PM—2 PM
Grand Lake Health/Premier
Health YMCA—South | Minster

Support Groups

Alzheimer's Support Group
July 21 | 1 PM
Otterbein | St. Marys

Parkinson's Support Group
July 19 | 12:30 PM—1:30 PM
Grand Lake Health/Premier
Health YMCA—South | Minster

Farmers Markets

Quellhorst Farmers Market
July 1, 8, 15, 22 & 29 |
8:30 AM—1 PM
Corner of St Rt 197 & Moulton-
Ft Amanda Road

Wapakoneta Farmers Market
July 2, 9, 16, 23 & 30 |
8:30 AM—12:30 PM
Willipie Street | Wapakoneta

St. Marys Farmers Market
July 2, 9, 16, 23 & 30 |
9 AM—12 PM
1700 Celina Road | St. Marys

Wellness Opportunities and Screenings

Blood Pressure Screening
July 1 | 9:30 AM—10:30 AM
Auglaize County Council on
Aging | Wapak

July 6, 13, 20 & 27 |
9:30 AM—10:30 AM
Auglaize County Council on
Aging | St. Marys

July 11 | 9:00 AM—11:00 AM
Grand Lake Health/Premier Health
YMCA—North | Celina

July 18 | 9:00 AM—11:00 AM
Grand Lake Health/Premier Health
YMCA—South | Minster

Community Events

Lawn Chair Bingo
July 27 | 6 PM—7 PM
Wapakoneta Manor | Wapakoneta

Auglaize County Fair
July 31—August 5th
Auglaize County Fairgrounds |
Wapakoneta

Education

First Aid, CPR, AED Classes
July 8 & 22 | 8 AM—1 PM
Grand Lake MOB | St. Marys
*Call 419-394-3387 Ext. 1422 to
sign up—Registration Required*

**Childbirth Education
(Lamaze)**
July 21 & 28 | 6 PM—8:30 PM
Grand Lake MOB | St. Marys
*Call the Birthing Center to sign
up: 419-394-3335 Ext. 2419*

Babysitting 101
July 19 & 26 | 1 PM—4 PM
(Class is currently FULL)
July 20 & 27 | 3 PM—6 PM
Grand Lake MOB | St. Marys
Call 419-394-6132 to sign up

Car Seat Class
July 26 | 1:15 PM
Auglaize County
Health Department | Wapakoneta
*Call 419-738-3410 to determine
eligibility and to sign up*

Breastfeeding Education Class
July 26 | 6 PM—8 PM
*Call the Birthing Center to sign
up: 419-394-3335 Ext. 2419*