



**OCTOBER
BREAST
CANCER
AWARENESS
MONTH**



**AUGLAIZE COUNTY
HEALTH DEPARTMENT**
prevent. promote. protect.

Breast Cancer Awareness

OCTOBER 2021

Special Points of Interest:

- **What is Breast Cancer?**
- **Causes of Breast Cancer**
- **Male Breast Cancer**
- **Breast Cancer Facts**

What is Breast Cancer?

Cancer is a broad term for a class of diseases characterized by abnormal cells that grow and invade healthy cells in the body. Breast cancer starts in the cells of the breast as a group of cancer cells and then can invade surrounding tissues or spread to other areas of the body.

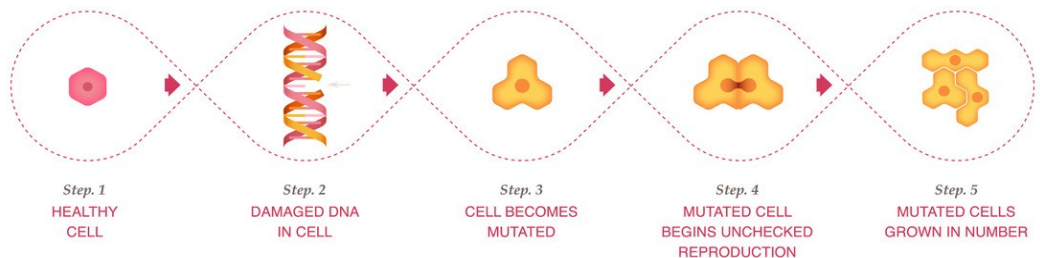
Cancer begins in the cells which are the building blocks that make up tissue.

Tissue is found in the breast and other parts of the body. Sometimes, the process of cell growth goes wrong and new cells form when the body doesn't need them and damaged cells do not die as they should.

When this occurs, a build up of cells often forms a mass of tissue which can be referred to as a mass, growth or tumor.

Breast cancer occurs when

malignant or cancerous tumors develop in the breast. These cells can spread by breaking away from the original tumor and entering blood vessels or lymph vessels, which branch into different tissues throughout the body. When cancer cells travel to other parts of the body and damage other tissues and organs, it is called metastasis.



Causes of Breast Cancer

Doctors are seldom certain of what causes breast cancer. What they do know for sure is that cancer is damage to a cell. Some risk factors that could increase your chance of getting breast cancer is: **Age**; 2 out of 3 women diagnosed with Invasive cancer are over 55 years old. **Gender**; breast cancer occurs nearly 100 times more often in

women than in men. **Family history and genetics**; if your mother, sister, daughter, or father has been diagnosed with breast cancer, you are more at risk. **Race**; breast cancer is diagnosed more in Caucasian women than any other race.

Some myths that **do not** cause breast cancer are: caffeine, cell phones, deodorant,

microwaves, and contact with people who have cancer. Some risk factors such as drinking alcohol can be avoided. However, most risk factors can not. *Having a risk factor does not mean you will get cancer. Many women who have a risk factor will never develop breast cancer.*



Male Breast Cancer

All people, whether male or female, are born with some breast cells and tissue which means a man's breast cells and tissue can still develop cancer. Male breast cancer is very rare. Less than one percent of all breast cancer cases develop in

men, and only one in a thousand men will ever be diagnosed with breast cancer.

Breast cancer in men is usually detected as a hard lump. Men carry a higher mortality rate than women do. This is primarily because

awareness among men is not as popular as it is for women. Men are also less likely to assume a lump is breast cancer, which normally causes a delay in seeking treatment.



1 in 8
WOMEN
WILL BE DIAGNOSED WITH
Breast Cancer
IN THEIR LIFETIME

*Guiding
Auglaize
County
towards a
healthier
future.*

Facts about Breast Cancer

- Breast Cancer is the **most commonly** diagnosed cancer in women.
- It is the **second leading cause of death** in women.
- It is estimated that each year **over 252,710** women in the United States will be diagnosed with breast cancer.
- Although Breast Cancer in men is rare, it is estimated that **over 2,470** men will be diagnosed with breast cancer each year.
- On average, **every 2 minutes** a woman will be diagnosed with breast cancer.
- There are **over 3.3 million breast cancer survivors** alive in the United States today.

Contact Us with Questions!

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